

**Sept. 26, 2010**

*Home of the...*



<http://www.revelstokeaquaducks.ca/>

# Revelstoke Aquaducks

Swim Club – 2010 – Fall Newsletter



## Swim Times

Please note that there have been some adjustments to swim times. This session begins Sept. 27<sup>th</sup> and ends Dec. 9<sup>th</sup>. The amended schedule is listed below:

- **Turtles** 4:45-5:15 pm (Mon & Wed \*child must be 5 by Dec 31/10)
- **Juniors** 3:45-4:45 pm Monday & Wednesday
- **Intermediates** 5:15 – 6:15pm Monday & Wednesday
- **Seniors** 7:00 am-8:00 am (Tuesday & Thursday Morning) \*Grade 8 & up

**Juniors, Intermediates, and Seniors should arrive 15 minutes early for stretching**

## Thanks for Respecting the Aquatic Centre's Rules! (Turtle Parents please note)

The pool has asked that parents and swimmers review the expectations that the Aquatic Centre would like Aquaduck Swimmers to follow:

- ✓ Your fee does not allow you to swim before or after your training. Swimmers are permitted 10 minutes in the hot tub after practice and must exit after this time
- ✓ Swimmers must enter the pool through the change-rooms.
- ✓ **All turtles** must be picked up by their parents at the end of their lesson. Turtles (under 7) are not permitted in the water without an adult.
- ✓ Parents may watch their children from the viewing area only.

## Head Coach Jeff Beatty

Welcome to Mr. Jeff Beatty who will be the coach of our winter maintenance program. On Mondays junior coaches will be Emily Pfeiffer and Jacob Wallach; on Wednesdays, Josh Rota and Emily Federico will be the junior coaches.

### Aquaduck Executive

Feel free to contact any director if you have a question or comment!

President – Cam Molder

Vice President – Dave Kaegi

Secretary – Jodi Wallach

Treasurer – Connie Pfeiffer

Directors :

Rosemary Kelsall, Corbett McCabe

Heather Jay, Scott LeBuke, Wendy

Rota, Graham Gale, Crystal Federico

## Website

The Aquaduck website contains updated information on everything related to Aquaduck swimming. It will also clean your sink and leave your hair thick and vibrant. Visit [www.revelstokeaquaducks.ca](http://www.revelstokeaquaducks.ca) today!

## Bottle Drive Fundraiser

**Saturday, Oct. 2<sup>nd</sup> – 9AM – Bottle Depot**

Please meet at the bottle depot at 9 AM and you will be given a route. If you do not attend this fundraiser, your fundraising cheque will be cashed.

## Coopers Gift Card Fundraiser

To purchase your \$500 of Coopers Cards for the Winter Maintenance Program, please contact Crystal Federico [cfederico@telus.net](mailto:cfederico@telus.net)

## No Swimming Remembrance Day/ Thanksgiving

No swimming on Monday, Oct. 11<sup>th</sup> and Thursday, Nov. 11<sup>th</sup>

## Coaches' Liaison

Please do not approach our coaches while they are coaching on deck. Instead, contact our liaison Graham Gale [grahamgale@hotmail.com](mailto:grahamgale@hotmail.com)