



Home of the..



Spring Update Dave Kaegi / Club President

As I write this column it is hard to believe spring is around the corner when I still have over 1 meter of snow in my yard! But alas it is true, the clocks have moved ahead one hour, the winter maintenance program is winding down, and the Summer Swim Club program is about to begin. For those swimmers and parents who were not involved in the Winter Maintenance Program, welcome (or

welcome back to returning swimmers) to the club. This should be an exciting season given the quality of coaches we have and the strength of our swimmers, many coming off the winter maintenance program. I wish all swimmers a fun and successful summer season.

As with many activities in town, The Revelstoke Summer Swim Club is run by many volunteers. Volunteers put in hundreds of hours each year to

ensure your children have an exciting, challenging and most importantly fun program. Our greatest need for volunteers is when we host our annual Revelstoke Invitational Swim Meet on July 14/15. This meet is also one of our major fundraising drives for the summer. Please ensure that you volunteer for one of the many tasks involved in hosting the meet and assist with our other fundraising initiatives.

Thank you.

Note: No Swim Club During Spring Break

Dates to Remember:

- Summer Swim Club Registration April 2nd & 4th 6:00 – 8:00 PM @ Community Centre
- Summer Club runs from May 1st to August 5th
- Meet the Coach Pot Luck on May 3rd @ Community Centre
- Jelly bean meet on Friday June 1st 4:00 – 6:00 PM
- Revelstoke Invitational Swim Meet July 14th & 15th
- Hell Week July 16th through July 20th
- Executive Meetings 1st Wednesday 7:00 PM of each month

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Coaches' Corner

Jessica Harrison / Winter Head Coach
My time as Head coach for the Winter Maintenance Program is coming to an end. I have really enjoyed working with all of you this winter. I have seen an improvement in all of your swimming skills. I hope that it has been as much fun for you as it has been for me. I hope all of you have a swimmingly great summer and look forward to seeing you in the pool. Thanks for working so hard and having fun

Tallis Hobbs / Summer Head Coach

Welcome to the Revelstoke Aquaducks to all new swimmers and welcome back to veteran swim clubbers. I know many of you participated in the winter maintenance program which will help to ease the first weeks of summer swim club. For those returning swimmers and new swimmers who haven't been in the pool, it's that time of year where you first put on... 'the suit'... for the first time in almost 8 months. It's old, and stretchy, and almost has that chlorine / salty crunchiness to it after sitting

in the closet for so long; but it for some reason just feels so comfortable. Since you're all so excited and ready to go, it's time for me to introduce your new Assistant coach, Glynis Waring. I know you are all going to get along with Glynis as she teaches you to be better, faster, stronger, and more efficient swimmers. Once again, I hope you're all ready for the summer because, believe me, I sure am.



The Revelstoke Aquaducks are on the web! For the latest swim meet results, photos, club news, please visit our website at www.revelstokeaquaducks.ca



Official Aquaducks Sportswear Clothing

Each swimmer will receive an official club T-shirt as part of their registration fee. This year clothing (swim suits, track suits, and T-shirts) will be available for purchase at registration only. The swim suits may be ordered in Lycra or polyester this year. Suits range in price from \$51 to \$41, depending on style. Team track suits will also be available to order. The track suits are



Approximately \$85 in price. If parents wish to purchase additional team T-shirts they may also do this for a cost of \$20.00.

Caps are also available for \$15. These items will only be available registration due to the fact that it takes a long time to receive them. The earlier the orders are put in, the better. Please also note that payment must be received when placing the order. If you are unable to make registration and would like to order something, please contact Connie Pfeiffer @ 837-6152 before April 4th.

Aqua Ducks

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Silicone swim caps for sale - \$15. Call Connie @ 837-6152

Fundraising – Yes we all have to do it

Fundraising... The dreaded word for parents! Fundraising and applying for various grants is what helps to keep our rates low and affordable. It costs the club approximately \$600 per swimmer to run the summer program. Yet we only charge \$230 per swimmer! The difference is made up by fundraising and grants.

The fundraising efforts of the club consist of two bottle drives and a swim-a-thon. Each family must participate in two of these

three fundraisers and they must also sell five duck race tickets. Three - \$50 fundraising cheques will be required at registration. If the three fundraising requirements (bottle drives and/or swim-a-thon and duck race tickets) are not met, a cheque per requirement will be cashed. Club members will also have to sell a book of fun in the sun raffle tickets as well as contribute a \$10 gift for the raffle.



The Pizza Fundraiser was a steamy hot success! Thank you to all the swim club members who made the pizza fundraiser happen. In total we raised \$1326. Way to Go!!! A special thank you to parents that helped make the event happen. Brynn Smith sold the most pizzas at a whopping 28!! Very Good job!!!

Helpful Hints – Some Do's and Don'ts you should know

As with any sport or activity, there are always some helpful hints to help make the activity more enjoyable for your child. Swimming is no exception.

- Please ensure your child presents their swim pass at the front desk.
- Parents, we encourage you to watch your child but only from the Viewing Area.
- Coaches prefer not to speak to parents during sessions as they find it distracting.
- Any questions, comments or concerns can be directed

to an executive member who are usually available during pool sessions.

- All swimmers are asked to enter the pool via the change rooms rather than the Viewing Area.
- Swimmers are expected to follow Aquatic Centre rules and to take direction from coaches and lifeguards.
- Bring a water bottle. A small meal consumed 1.5 hrs before sessions is ideal.

OK Region Swim Meets

Salmon Arm Fun Meet
Sunday, May 27th 1-4 pm

June 9/10	Penticton
June 16/17	Lumby
June 23/24	Merritt
June 30 July 01	Kelowna
July 7/8	Golden
July 14/15	Revelstoke
July 21/22	Salmon Arm
Aug 4/5	Regionals @ Kamloops
Aug 18-20	Provincials @ Prince George