



Salmon Arm Sockeyes Swim Club 2010 Invitational Swim Meet

Date: Saturday and Sunday July 17th and 18th, 2010

Pool: Salmon Arm Community Centre (6 lanes, indoor 25 metre)

Location: 2550 Trans Canada Highway, Salmon Arm

Meet Manager: Margaret Kitchen 832-6597 **Meet Referee:** Julie Nesdoly

Format: Heats and Finals

Note to all coaches and swimmers:

- Div. 1-7 will swim heats and finals, even if there are less than 6 swimmers.
- Div. 8 swimmers will swim in the morning as timed finals.
- Maximum 4 individual events and 2 relays per swimmer.
- Consolations and Finals for Div. 1-4 **Consolations are not swam if less than 2 swimmers**
- Finals only for Div.5-7
- In preparation for Regionals and Provincials, there will be no mixed gender relay races.
- **Please identify "O Cat." swimmers and swimmers under 6 years old swimming in Div. 1**

Turtles: Turtle Races to be held mid morning. The 25m Freestyle races will be held on Saturday. The 25m Backstroke race will be held on Sunday. A senior swimmer or coach may accompany turtle swimmers.

- Turtles are free, must be registered with BCSSA for insurance purposes. Please enter with team entries.
- Turtles will receive ribbons and goody bags.

Awards:

1. Individual aggregates will be awarded for each division 1-8, both girls and boys.
2. Most Sportsman-like team trophy.
3. Top Overall Team Trophy
4. Top Boys Team
5. Top Girls Team

Rules: All BCSSA rules apply. ("O") Swimmers will swim in their age group for heats, if space permits. Otherwise they will swim in a group together, Div 1-3, Div 4-8

Times:

1. **Coaches' scratch meeting:** 7:00am each day in computer room.
2. **Officials' meeting:** 7:20am each day in computer room.
3. **Coaches' meeting:** 7:40am each day in computer room.
4. **Warm-ups Saturday morning:**
 - i. Div. 1-3, 7:00 to 7:20am
 - ii. Div. 4-8, 7:20 to 7:40am

*Lanes to be assigned at meet.
5. **Warm-ups Sunday morning:**
 - i. Div. 4-8, 7:00 to 7:20am
 - ii. Div. 1-3 7:20 to 7:40am

*Lanes to be assigned at meet.
6. **Marshalling:** 7:50am each day
7. **Heats start:** 8:00 am sharp each day

Entries:

*Entry Deadline is **9 pm Monday, July 12th**. All entries received past the deadline will be considered late entries.

*Late entries will be accepted until the Friday evening scratch meeting with a payment of \$60.00 per swimmer to Clerk of the Course.

Fees: \$30.00 per swimmer for the weekend plus \$1 surcharge per swimmer

Late entries: \$60.00 per swimmer for the weekend

**Note: Friday Scratch meeting at 7:00 pm in pool lobby.
There is no refund for scratched entries.**

Cheques payable to: Salmon Arm Sockeyes Swim Club. Please bring club cheques to the meet.

NO ENTRIES WILL BE ACCEPTED ON SATURDAY OR SUNDAY. NO EXCEPTIONS!

Entries Submitted:

- With entries please include a validation list - by swimmer name.
- Submit via email to Alan Corbett, email: corbettasa@hotmail.com
- Contact Numbers:
 - Margaret Kitchen: 250-832-6597
 - Alan Corbett: 250-833-0247

****Submit on HYTEK program along with validation list by July 12th, 2009 ****

If not possible to submit on Hytek please contact Margaret

Timers and Officials: Please supply individuals willing to work as deck officials. Clubs will be assigned lanes for timers and recorders. Please organize volunteers from your club to man your lane.

SCHEDULE OF EVENTS

Saturday

**100 IM
200IM
50 FREE
25 FREE TURTLE
50 FLY
100 FLY
MEDLEY RELAY**

Sunday

**50 FLY
50 BACK
100 BACK
25 BACK TURTLE
50 BREAST
100 BREAST
100 FREE
FREE RELAY**

* Relay entries must be submitted on proper entry forms to the Clerk of the Course prior to 10:00 am each day

****Please return attached team entry form on how many swimmers will possibly be attending our meet, by Friday, July 2nd, 2010****

Regards, Margaret Kitchen
Phone: 250-832-6597
Email: markitch@telus.net

**Preliminary Registration
Salmon Arm Sockeyes Swim Meet
July 17th and 18th, 2010
Salmon Arm Community Centre**

Please fill out and return by July 2nd, 2010

Thank you for committing to our meet

COACH & CLUB: _____

CONTACT PHONE # _____

E-MAIL: _____

Approximate #'s: _____

Please email or mail your response to:

**Margaret Kitchen
251 17th St. S.E.
Salmon Arm B.C.
V1E 1R7
Phone: 250-832-6597
Email: markitch@telus.net**

The Sockeyes look forward to seeing you this summer for a great fun filled weekend!

There will be a concession throughout the weekend.

The menu will include snacks and lunch items.

Accommodations:

**THERE WILL BE NO OVERNIGHT CAMPING
AVAILABLE AT THE POOL THIS YEAR!**

ACCOMMODATIONS

<p>HOLIDAY INN EXPRESS Ph, 832-77111090 22nd St. N.E. Heated indoor pool, waterslide Continental breakfast Close to pool www.holidayinn.com/salmonarmbc Sport Rate if you let them know you are with the Sockeyes Swim Meet</p>	<p>TRAVELODGE Ph. 832-9721 2401 Trans Canada Hwy. Wes Heated indoor pool Restaurant on site www.travelodgesalmonarm.com Let them know you are with the Sockeyes Swim Meet for a discount.</p>
<p>BEST WESTERN SALMON ARM INN Ph. 832-9793 61-10TH st. S.W. Indoor pool www.bestwesternbc.com</p>	<p>PODOLLAN INN Ph. 832-6025 1460-Trans Canada Hwy. N.E. Tropical size outdoor pool Restaurant on site Down the hill from pool. Group rate available if booking a block of rooms. Indicate you're attending swim meet. www.podollan.com</p>
<p>SUPER 8 MOTEL Ph. 832-8812 2901-10th Ave. N.E. Continental breakfast Across from Community centre www.salmonarmsuper8.com</p>	
<p><u>CAMPGROUNDS</u></p>	
<p>HIDDEN VALLEY Ph. 832-6159 6670-50th St. N.E. Salmon Arm B.C. V1E 1Y6 8Km East of town Shaded sites</p>	<p>GLEN ECHO Ph. 832-6268 6592 Trans Canada Hwy. N.W. Salmon Arm B.C. V1E 4M2 Beach and shaded sites</p>
<p>PIERRE'S POINT Ph. 832-9588 50th St. N.W. Box 1315 Salmon Arm B.C. V1E 4P4 8 Km west of town Treed sites & beach</p>	<p>SANDY POINT BEACH Ph. 832-3703 2100 Sandy Point Rd. Salmon Arm B.C. V1E 4M2 Private beach 7Km west of town</p>

Places are booking up fast so call soon.