

2011 Okanagan Valley Regional Swim Meet Pkg

Revised Oct. 11th 2011 (note changes to meet entry procedures)

Valley Rep: Andy Pfeiffer, Revelstoke Secondary. Contact Info: Ph# 250-837-2173

Email: apfeiffer@sd19.bc.ca website: www.revelstokeaquaducks.ca/schedule.htm

Meet Manager: Jacquie Hayes email: meets@kelownaaquajets.com

1. **DATE:** Saturday, October 29th, 2011

2. **TIME:** Warm-up 12:00 p.m. Events 1:00pm – 4:30pm .

3. **PLACE:** Kelowna H2O Adventure and Fitness Centre -- 4075 Gordon Drive

4. CLASSIFICATION OF COMPETITORS AND RULES

As outlined in the BC School Sports Handbook & Directory (Aquatics) and the Aquatic's website (<http://www.bcschoolsports.ca/pages/sports/aquatics.php>). BCSSA members rest assured: summer swim rules state that you may train under the direction and supervision of your high school team *in addition* to two hours of winter maintenance.

5. MEET RULES:

- 5.1 Swim meet rules governing the meet will be SNC and SWIM BC rules.
- 5.2 All swimmers must be entered with entry time. The meet secretary will not contact coaches who enter swimmers with no times.
- 5.3 The meet will run cardless. Coaches are responsible for getting swimmers to the blocks. Swimmers who miss their event will not be allowed to re-swim the event.
- 5.4 The no false start rule will be in effect.
- 5.5 Swimmer's age must be included in the meet entry information
- 5.6 Once the meet is seeded, scratches will be taken, but the meet will not be reseeded.
- 5.7 Mixed Relays may only include two females and two males (from same school)
- 5.8 **Each swimmer is allowed six swims** (which includes relays.) (no more than four individual events and no more than four relay events). Provincial qualifiers are only allowed four swims at the provincial championships (including being listed as an alternate on relays). **Each school is allowed four swimmers in any one event** with the exception of **unlimited numbers in the 50 free.**
- 5.9 **Swimmers must be grade 8 or higher.** They must swim for their own school even if it is a team of one.
- 5.10 Entries must be submitted by email no later than OCTOBER 21st,

2011. Meet Entry Contact:

Jacquie Hayes – Kelowna AquaJets: meets@kelownaaquajets.com

- We will post the psych sheet shortly following the entry deadline.
- Bring a cheque made out to **Revelstoke Secondary School** to the meet.
- Please include the "Coach/Sponsor Contact Information" in the body of your email with your entries. All schools are responsible for having two volunteer timers working throughout the day. You may arrange shifts for your own volunteers.

6. BC CHAMPIONSHIPS

The top 3 entries in each event for swimming qualify for the B.C.'s. The championship meet will be held November 18-19th 2011 at Watermania in Richmond. More info is available at <http://www.bcschoolsports.ca/pages/sports/aquatics.php>

7. REGISTRATION

-It is the responsibility of coaches to ensure that their school is registered with BC School Sports and that each swimmer is registered on their school swim team. Swim meet entries will be done by downloading the Excel File posted at www.revelstokeaquaducks.ca/schedule.htm , completing it, and emailing it to meets@kelownaaquajets.com with ~~HYTEK~~ software. ENSURE THAT STUDENTS ARE AWARE OF THE PROVINCIAL MEET. STUDENTS MUST BE PREPARED TO ANSWER WHETHER OR NOT THEY WILL BE TRAVELLING TO RICHMOND FOR THE PROVINCIAL CHAMPIONSHIPS.
-swimmers cannot flip between “A” and “B”.

COMPETITIVE DESIGNATIONS -- SWIMMING:

Open Category (or A Category):

Any Swimmer falling under the qualifications of BC SCHOOL SPORTS. Current winter club swimmers must compete in this category and must provide their Swimming Canada ID numbers with their meet entries.

B Category:

Any swimmer that, as of January 1st of the championship year, has not trained for speed swimming with a swim club or private professional coach for more than two hours per week, exclusive of the BCSSA time period of May 1 to September 30. This category includes all levels of Synchronized swimming and Waterpolo athletes, summer club swimmers and non-swimmers. Category B swimmers must swim all of their individual events in either the Open or the B Category but not both. B swimmers are otherwise free to swim any B or Open relays. A swimmer may not compete in the same relay event for both the B and Open categories. Simply put, BCSSA swimmers may swim and train with their high school team [i.e. with their high school coach] more than two hours a week -- up to and including the dates of the provincial high school championships.

PARA:

Swimmers with disabilities.

8. TEACHER SPONSOR

Each team must be accompanied at all times by a teacher sponsor. This requirement may be fulfilled by the principal of a school sending a letter with another team, designating a teacher from within the same school district as sponsor/chaperone. No teacher/no letter=no swimming.

A representative from each school (ie. Coach or teacher) must attend a meeting immediately following the meet to determine who will be advancing to the provincial championships.

9. ENTRY FEES: Individual events \$5.00 Relay events \$10.00

10. SCRATCHES/DECK ENTRIES:

Before the meet begins, coaches must inform the clerk of the course of any scratched swimmers. Deck entries and changes are not permitted.

11. ENTRIES

An Excel entry file will be posted at www.revelstokeaquaducks.ca/schedule.htm . Entries must be submitted by email no later than OCTOBER 21st, 2011. Meet Entry Contact Jacquie Hayes – Kelowna AquaJets meets@kelownaaquajets.com

12. AWARDS AND SCORING

Ribbons to 6th place.

Individual points: 10 8 6 5 4 3 2 1

Relay points: 20 16 12 10 8 6 4 2

13. EVENTS (event order will follow what is posted on the BC School Sports provincial aquatics page <http://www.bcschoolsports.ca/pages/sports/aquatics.php>)

COACH/ SPONSOR CONTACT INFORMATION

PLEASE INCLUDE THESE DETAILS IN THE BODY OF YOUR EMAIL WHEN SENDING YOUR EXCEL ENTRY FILE

SCHOOL: _____

SCHOOL PHONE #: _____

SCHOOL FAX #: _____

COACH/SPONSOR: _____

EMAIL: _____

MEET VOLUNTEER TIMER INFORMATION

(Parents or Students)

****Every school must have a minimum of 2 timers working at any one time during the meet.****